



Daily Word

UNITY PUBLICATION

UNE

961

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the mutual security of all mankind.

•

PRAYER FOR ILLUMINATION: I am strong in the Lord. Through Him I am wise, capable, and free.

•

PRAYER FOR PROSPERITY: I am strong in the Lord. Through Him I receive new ideas, power to accomplish, and abundant supply.

•

PRAYER FOR HEALING: I am strong in the Lord. He is mighty in me to vitalize, renew, and heal me.

DAILY WORD is nonsectarian. It is published monthly by UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI. Single copies at 20c each, a year's subscription is \$2. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Second-class postage paid at Lee's Summit, Missouri.

Unity School publishes the following periodicals: Unity, Progress, Weekly Unity, Good Business, Daily Word, Wee Wisdom, Unity Sunday-School Leaflet, and La Palabra Diaria, at \$2 a year each. No additional postage charge for subscriptions to foreign countries.

DAILY WORD

First Issue, July 1924

Edited under the inspiration of Silent Unity

Vol. 74

JUNE, 1961

No. 6

In This Issue

The Pollyanna—*James Dillet Freeman* - - - - 2

Poems: Humility—*Elizabeth Landeweer* - - - Center

Source—*R. H. Grenville* - - - Back Cover

Cover—*Camera Clix, Smoky Mt., Tenn.*

Center Photograph—*Eva Luoma*

DAILY LESSONS FOR JUNE

- | | | |
|--------------|------------------|-----------------|
| 1. Renewal | 9. Finding a | 19. Joy |
| 2. God's Day | Home | 20. Decisions |
| 3. Forgiving | 10. Wisdom | 21. Praise |
| Love | 11. World Peace | Life |
| 4. Words of | 12. Good Changes | 22. Protection |
| Truth | 13. Centered in | 23. Trust |
| 5. Abundance | God | 24. Treasure |
| 6. Vacation | 14. Wholeness | 25. Guidance |
| Plans | 15. Success | 26. Use of Time |
| 7. Relax and | 16. Know God | 27. Freedom |
| Be Healed | 17. Comfort | 28. Energy |
| 8. Release | 18. Father's | 29. Love |
| Others | Day | 30. Go Forward |

The Pollyanna

JAMES DILLET FREEMAN

LAST night I awoke at three.

I might have felt sorry for myself. I might have lain and tossed. I might have worried about losing sleep. I did not do any of these things. I thought about a friend who had that day been informed by a doctor that his wife was mortally ill. My friend is a Unity student, and I knew that he had refused to accept the doctor's verdict; he believed in the power of prayer; he was expecting health to appear in his wife.

I was glad I had awakened. This was a time when I could pray. I lay and thought about God. I gave my friend and his wife into the care of the Divine Compassion. I affirmed life for them.

After a while I turned to thinking about the way my friend was meeting the crisis. Earlier in the day another friend had made the point to me that Unity students refuse to face facts. "They are pollyannas," she said, "they refuse to look at sickness and death. They refuse to admit that sickness and death are there."

As I lay in the dark, I asked myself if the attitude the young man was taking was the wrong one. Was it taken out of strength or weakness?

Would it prove helpful to him? Would it prove helpful to his wife? Would it promote peace of mind and intelligent action?

There are four possible attitudes to take in a situation.

You can believe that things are going to work out, and work hard to see that they do.

You can believe that things are going to work out, and do nothing about them yourself.

You can believe that things are not going to work out, but nevertheless work hard yourself.

You can believe that things are not going to work out, and resign yourself to defeat.

It is easy to see that the second and fourth attitudes have little to recommend them.

The man who has the third attitude may succeed in his endeavors, but how he suffers with them. "This is a hard, hard task," he groans under the heavy burden not only of his task but of his thoughts about it.

Surely the first attitude is best of all. The man who has it is most likely to succeed, and what is more, he has a spirit of joy as he works toward success.

Those who think of themselves as deep enough to be discouraged about things say that those who are encouraged about things have a shallow view of life; they call such people pollyannas.

If a pollyanna is someone who refuses to face facts, certainly none of us want to be one. We cannot get rid of facts by pretending that they are not there. But we can face facts, and still know that good is there, whether we can see it at first or not. It has to be there, because God is there. And we can seek in every situation to find and bring forth God's good.

A pollyanna is not a person who refuses to face facts. He is a person who refuses to accept them. He does not believe that the passing facts are the ultimate truth. The ultimate truth is always good. This is a good world. It is good because He who made it is good. Because He who made it is good, there must be good in everything. The pollyanna, the positive thinker, the Unity student, looks for this good and does all he can to bring it forth.

Of all men, none more than Jesus refused to be limited by facts. No matter what appearances might be, He looked for the good, expected the good, and did all He could to bring forth the good. Jesus knew that the world is the work of the good God. He was in the Good Presence always. Good was never far from Him.

When He was asked to feed the multitude that had come to hear Him and found out that they had only a few loaves and fishes, He did not say

that the facts indicated He would not be able to do it. Beyond the facts He saw the everywhere-at-hand bounty of God, and He called it forth and fed the people.

Even when they told Him that Lazarus was three days dead, He did not submit to the fact of death. Instead He decreed, expecting the good, "Lazarus, come forth."

Remember how much He approved of the army-captain who asked Him to heal his servant. When Jesus offered to go, the captain told Him it would not be necessary. "Only say the word, and my servant will be cured," he said. Why did Jesus think so highly of this man? Because here was a man of faith like Himself; here was a man who expected and believed in the possibility of good.

Jesus did not see a hungry multitude; He saw men fed by the infinite bounty. He did not see sick men; He saw men whole, alive with the aliveness of divine life. He did not see drab facts; He saw the radiant truth. "Ye shall know the truth, and the truth will make you free," He said. "Be of good cheer."

Never once did He say to anyone who came to Him for help, "You have to accept the facts." He said over and over in many different words, "Ask, and it shall be given unto you; seek, and ye shall find; knock, and it shall be opened unto you."

I like the story of the little girl who looked up at the church steeple and said, "What's the plus sign doing up there?" It is more than a coincidence that the symbol of Christianity, the cross, is also a plus sign, the sign of the positive, the positive-minded, the positive-hearted.

Usually when men start talking about facing facts, they mean looking at the worst side of them. Facts are many-sided. Is it wrong to look for the best side rather than the worst?

It is said that Thomas Edison made 10,000 experiments that failed before he made an electric bulb that lighted. What a fantastic amount of foolish optimism he must have had! Could a man who thought things were going to turn out badly have kept going? I do not believe it.

Wilhelm Roentgen came to work one morning and found that a photographic plate he had left in a drawer was fogged. He might have bemoaned the fact. Instead, he discovered X rays—and opened the atomic age.

Charles Goodyear dropped some elastic gum he was experimenting with on the stove. The fact certainly is that the gum was spoiled—but the truth is that the rubber industry had been founded.

An apple fell and hit Sir Isaac Newton on the head. The fact is that the apple probably raised a lump—but the truth is that it brought forth

the theory of gravitation.

In the Nova Scotia mine explosion of 1958, men were entombed for days without light, food, or water. They were keenly aware of their plight, but when one of them became depressed, the others crept around him and said all the things they could think of to encourage him. They would not let themselves stop believing in rescue. They would not let themselves stop expecting rescue.

After days of almost unbelievable endurance rescue came. It is hard to believe that the attitude of the men did not make a difference in their survival. But the point I am trying to make is that their attitude is the one to take, whatever the outcome. It is better to go down to defeat believing in victory, affirming it and striving for it to the end and helping others to strive for it to the end, than to go down believing in defeat, expecting and submitting to it.

Faith leads men to try all sorts of things, some that they fail at. We can be grateful for this—for many of those who failed at first have gone on to win ultimate victory or prepare the way for others to win it. And only those who have dared to go beyond their depth have added to the stature of mankind.

Charles Fillmore believed that he would live forever. Do you think he would have lived a more

useful life if at ten he had accepted the fact that he was a hopeless invalid? He lived to be ninety-four. He founded Unity and ran it. He wrote, lectured, traveled, lived actively when he was in his nineties. He influenced millions of persons.

And he taught them to believe in the good. He taught them to keep believing. He taught them to keep acting on their belief.

I wonder how many of us can continue to apply ourselves with spirit to a task, once we have become convinced that we cannot succeed at it. Even the hero who stands by his post and refuses to flee although he knows he will be overwhelmed makes his stand precisely because he believes that good will come out of what he is doing. He is able to make his stand because he knows, perhaps not consciously but in the deep core of his being, that he is "a part of all that's good, and good shall be victorious."

This is a knowledge that all men have access to, and I think they know it most clearly in moments of crisis. Then their eyes are lifted to it and they catch a glimpse of the eternal Truth shining through the changing facts.

On one of the dark nights of my own spirit, I wrote this poem. I think it contains a truth:

How much the human spirit
Outweighs the human pain—

So much that no experience
But can be counted gain!

What faith before impossibles
A man is capable of
Who, being overwhelmed,
Yet trusts that God is love!

What doubter dares to say
Man is not god or near it
When even his defeats become
The triumph of his spirit!

A pessimist may ask, "How can you look at things and take a positive attitude?" But I ask, "How can you look at things and take any other?"

"If we had never before looked upon the earth," wrote Richard Jefferies, "but suddenly came to it man or woman grown, set down in the midst of a summer mead, would it not seem to us a radiant vision?"

Copernicus, looking at the heavens, exclaimed, "All I can do is adore!" Someone asked William Blake, "When the sun rises do you not see a round disc of fire, somewhat like a guinea?" "Oh, no," said Blake, "I see an innumerable company of the heavenly host crying, 'Holy, holy, holy is the Lord God, the Almighty.'"

Oh, the unbelievable, unexplainable, fantastic,

marvelous world! Too vast, too varied to be comprehended with all our sense and senses! And most marvelous of all the marvels, man!

One of the oldest and most universal of stories is the story of the baby born to a king who in one way or another is taken from the palace and brought up as a woodchopper or a swineherd or in some other lowly position. Then, when he is grown, he makes his way back to the palace, and there finds out that he is not a woodchopper, but a king's son. And immediately that is what he is. Because the truth is that that is what he always was. He is a king's son; he merely believed he was a woodchopper; and he has only to see the truth to come into his birthright.

This is what the positive thinkers believe about man. We look at man and see the woodchopper, but we also see the king's son. We look at the world and see the facts and flaws, but we also see the divine perfection working to come forth.

Down through the centuries there have been many to say: "It won't work." "Nothing good can come out of this." "It's hopeless." Even, "The world is coming to an end."

Yet after thousands of years of chance and change, man is still pursuing the great and unpredictable adventure that is life; there are more men than there have ever been; they are healthier,

more intelligent, more understanding, more generous, more human-hearted.

I wonder how much the human race has ever been helped by those who pointed out the dreadful state of affairs. Suppose they were right. Whom would you want at your side in the mine disaster? One of them, prophesying destruction? Or someone with courage, faith, and hope, someone with a cheerful word and a friendly hand on your shoulder in the dark, trying to find a way out and helping you to find your way out too?

A friend of mine won a citation in World War I, because when the engineers he was with were pinned down on a hillside by enemy fire, he kept them singing while they worked.

Singing under fire! Whispering to a downcast friend in a mine disaster all the reasons you can think of why he will be rescued! Pollyanna foolishness! Surely, but it is out of such brave and wonderful human foolishness that human progress and endurance have come.

Thank God for the ones with a word of cheer, a smile of encouragement, a thought of hope! Thank God that in times of trouble most of us become pollyannas, believing in the good, seeking the good, and helping others to believe in it and seek it. If this were not so, the human race would have vanished long ago—obliterated not

by events but by its own discouragement.

I know a man who is a typical pollyanna. He is the superintendent of a printing plant. He cannot pass by a person he knows without a handshake and a warm, "God bless you." He will turn out of his way, walk across a room to take your hand in his and utter his blessing. Because of this habit he is known by many of his business friends as the "God-bless-you man."

The other day an acquaintance, who is a millionaire and the head of a large firm, stopped him in one of the service clubs he belongs to. "Shake hands with me," said this man. My friend shook hands with him and added his usual, "God bless you."

"That's what I wanted," said his acquaintance. "A couple of weeks ago, I ran into you here. As you usually do, you shook my hand and said, 'God bless you.' Now this may have been just an automatic reaction with you. But it happens that I was as low as I have ever been in my life. I can't tell you why, but I was at the end of my rope. All I can say is that your handshake and 'God bless you' took hold of me and turned me back to life and God. I was able to start taking command of myself again. And I want to say that I hope you never quit shaking your friends' hands and saying to them, 'God bless you!' "

JUNE 1

Thursday

I AM THE EVER-RENEWING, EVER-UNFOLDING
EXPRESSION OF INFINITE LIFE.

WE WERE not only created perfect, but the Christ life is the power within us that keeps us perfect. The Christ life in us enables us to say: "I am the ever-renewing, ever-unfolding expression of infinite life."

Life and its perfect expression, health, is not something fleeting; it is not something that we have today and may not have tomorrow. The life of Christ within us endures forever. It is unchanging and perfect. Christ in us is health-giving power. Christ in us is eternal life.

Let us identify ourselves with life, perfection, vitality, and strength. Let us identify ourselves with the perfection and divinity of the indwelling Christ.

No longer will we think of life as something that can fall into imperfection and decay. No longer will we think of life as something that may terminate at any time.

Let us rejoice that with each passing day we are expressing more of the Christ perfection.

✦ *If any man is in Christ, he is a new creature.*
—II COR. 5:17.

Friday

JUNE 2

THIS IS GOD'S DAY. I ACCEPT THE GOOD IT
HOLDS FOR ME.

DO YOU find it difficult to believe that this statement is true for you? Have you looked forward to this day with foreboding rather than joy and anticipation? If so, release your burden and place it in God's care. This can be a day filled with good for you if you remember that this is God's day.

No matter what may have troubled you about this day, you can know the Truth. You can bless every moment of this day and know that every moment will bring you a blessing.

"This is the day which Jehovah hath made." Yesterday is past, and tomorrow is not yet here. God has made this day, and He will help you find the good it holds for you. Place your blessing on each moment of this day and give each moment your best. Do not judge by the past nor fear the future. Know that each moment is filled with good. Such faith will help you find joy in old tasks and pleasure in new experiences.

*This is the day which Jehovah hath made;
We will rejoice and be glad in it.*

—PSALMS 118:24.

JUNE 3

Saturday

THERE IS NO ROOM IN MY HEART, MIND, OR
LIFE FOR ANYTHING BUT GOOD.

I DO NOT hold grudges, resentments, or thoughts of unforgiveness. I let go of any such negative thoughts or emotions easily and quickly, by simply releasing them. I do not resist them or fight against them. I say to myself calmly and quietly: "There is no room in my mind, heart, or life for anything but love, forgiveness, peace, good will, understanding."

A thought of Truth has great power. So I concentrate on such thoughts and find that my mind and heart are swept clear of anything unlike Truth, anything unlike God. "Perfect love casteth out fear," and perfect love casts out anything that is unloving. Perfect love fills my heart with good will toward all people. Perfect love frees me from the inclination to fix blame on anyone, myself included. Perfect love inspires me to see that peace is of paramount importance. Perfect love helps me to keep the peace, in myself and in my associations with others.

There is no room in my heart, mind, or life for anything but good.

♣ *Perfect love casteth out fear.*—I JOHN 4:18.

Sunday

JUNE 4

THE LIVING CHRIST IS THE ONLY ACTIVITY
AT WORK IN MY LIFE.

HAVE YOU stopped to realize what a powerful, positive influence the words of Truth you speak have on your mind, body, and affairs? When you affirm words of Truth such as: "The living Christ is the only activity at work in my life," you are surrendering them to the fertile soil of your mind. Words of Truth are seeds of Truth and the Christ Spirit within responds to them. As you speak words of Truth with confidence, they are filled with power and they spring forth as spiritual demonstration.

Today affirm: "The living Christ is the only activity at work in my life. The living Christ is renewing, restoring, and rebuilding my body temple. The living Christ is guiding and illuminating me. The living Christ is prospering and harmonizing my affairs."

Rejoice that your words are full of power and that they accomplish that whereto you send them. As you speak only positive, constructive words of Truth, you insure your good.

♣ *So shall my word be that goeth forth out of my mouth: it shall not return unto me void.—ISA. 55:11.*

JUNE 5

Monday

I HAVE FAITH IN THE LIMITLESS ABUNDANCE
OF GOD NOW FILLING MY LIFE.

WE TEND sometimes to limit our own good. We think in terms of "this much, and no more." We strain and strive to make ends meet, and no matter how much money we have we may feel poor.

The prosperous consciousness is that state of mind that keeps always before it the realization that God is the source of all good, that His substance and supply are for us and for all, that there is never any limit to the good.

If we are in a troubled state of mind over our affairs, if we wish that we could be more successful, if we need more money to meet our expenses, we can look at ourselves and our life from a new standpoint. We can see that our limitation has been in our own thinking. God is the one source. Our faith in Him as supply, our trust in His love and provision are way-openers for increasing good to flow to us.

*And he shall be like a tree planted by the streams of
water . . .*

And whatsoever he doeth shall prosper.

—PSALMS 1:3.

Tuesday

JUNE 6

I MAKE MY VACATION PLANS UNDER THE INSPIRATION OF DIVINE WISDOM.

MANY OF US are giving special consideration to the time we will take our vacation, the place or places we will go, the money we will allot for expenses. All these are matters for prayer.

As we pray in regard to our plans, let us keep an open mind. Let us allow the spirit of divine wisdom to inspire us. Our inspiration may lead us to investigate some new type of vacation, some unusual place to go, some different method of travel. If we are inspired to try something that is new to us, let us not hesitate because of its newness.

As we pray in regard to our vacation, we shall use good judgment. We shall know how much money it is wise and orderly to spend. We shall choose the mode of travel that will provide us with the happiest experiences. And, if this is not a year when we are going away for a vacation, we shall find refreshing, satisfying relaxation right in our own home environment.

♣ *Ye shall go out with joy, and be led forth with peace.—ISA. 55:12.*

JUNE 7

Wednesday

I RELAX, I LET GO, I TRUST GOD, AND HIS
HEALING WORK IS DONE IN ME.

GOD is the source of my life and health, and I am one with Him. I live and move and have my being in Him, and He lives and manifests His life through every part of my being.

I relax and let go of every worry, doubt, fear or feeling of being apart from God. I trust Him completely, without question, and simply, as a child trusts. I rest in Him and I remember that while I am resting and trusting, God is working within me. I do not need to know how He is working in me, I simply need to place myself and all that concerns me in His loving, healing care.

God governs the action in every part of my mind and body. His orderly, wise, all-powerful action is taking place in my nerves, cells, organs, glands, and functions. The only law governing me is the law of life and of health. I abide under the direction and protection of this divine law. I abide with God and I am lifted into a new awareness of His presence of health in me now.

♣ *Thy healing shall spring forth speedily.*—ISA. 58:8.

Thursday

JUNE 8

I RELEASE YOU INTO THE CARE AND KEEPING
OF JESUS CHRIST.

IF I FIND myself questioning the actions of a member of my family, one of my friends, a co-worker, or a neighbor, I remember the challenging words of Jesus: "What *is that* to thee? follow thou me."

How plainly this loved Elder Brother was telling me to release concern, to keep my attention centered on the Christ. Jesus knew the futility of worry. Jesus knew the power of prayer. He was not implying that I should not be interested in other persons, that I should not pray for them, with His question: "What is that to thee?" His question was meant to convey the idea that I should not be critical of other persons.

"Follow thou me," was Jesus' invitation to join Him on the path of prayer. He was inviting me to keep my eye single to the Christ. He was inviting me to join Him in looking for all that is Christlike in myself and in every person. As I follow Jesus Christ I learn, as He learned, to trust my dear ones to the care and keeping of their indwelling Christ Spirit.

♣ *What is that to thee? follow thou me.*—JOHN 21:22.

JUNE 9

Friday

MY HOME IS IN GOD, AND I TRUST HIM TO
ESTABLISH AND SUPPORT ME IN MY PERFECT
SURROUNDINGS.

WHEN WE need a place to live, we can trust God to guide us to the home that perfectly meets our needs, and we can trust Him to support us in it. Whether we need a house, an apartment, or a sleeping room, God can and will provide it if we will turn to Him and trust His guidance and His providing love.

Whatever circumstance forces us to find a new home, our responsibility is to trust God to direct us to our perfect surroundings.

Whoever we are, the head of a family or a single person, wherever we live in God's world, whatever language we speak, "home" means more than just a shelter. Home is a place of peace, harmony, convenience, and security as well as a protection from the elements. When we know our home is in God, when we know that wherever we are God is, we dwell in peace, harmony, abundance, and contentment.

*Lord, thou hast been our dwelling-place
In all generations.*

—PSALMS 90:1.

Saturday

JUNE 10

MY WISDOM IS FROM GOD. I KNOW WHAT TO DO.

IT SOMETIMES requires great wisdom and understanding for us to solve the problems that come up in our daily life. We may feel that our own wisdom is inadequate to enable us to choose the right course or to make the best decision for everyone concerned.

We need not depend, however, on our human wisdom alone. We can turn to the one Source of all wisdom, God, and receive exactly the guidance we need. Our wisdom may be limited to what we can see of the situation, but God's wisdom is not. It sees all aspects of the situation and gives us sure, unfailing guidance.

When we are not sure what course we should take or what decision we should make, let us turn to God for help. He will give us the wisdom to take the right course. He will shed light on our way. If there are sources of knowledge that will help us, He will lead us to them. If there are other persons who can instruct and inspire us, He will lead us to them.

✦ *I am now come forth to give thee wisdom and understanding.*—DAN. 9:22.

JUNE 11

Sunday

LET LIBERTY, JUSTICE, PEACE, LOVE, AND UNDERSTANDING BE ESTABLISHED THROUGHOUT THE WORLD, IN THE NAME OF THE LORD JESUS CHRIST.

AS WE PRAY this prayer, let us feel our oneness with all the readers of *Daily Word*. Let us feel our oneness with all the men who for centuries have prayed in the name of the Lord Jesus Christ. Let us feel our oneness with the power that is in this word spoken in His name.

Jesus spoke from the Christ within, from God's own Spirit indwelling Him. We can speak from the Christ within, too, for God's Spirit indwells us. We can speak the word for liberty, justice, peace, love, and understanding to be established throughout the world. Think how Jesus would have spoken this word. We can speak the word with the same authority, the same vigor, the same good feeling. We can know that even before we speak our word, our faith has girdled the earth establishing the harmonious conditions that are in accord with God's law of love.

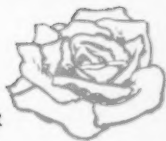
♣ *If ye shall ask anything in my name, that will I do.*
—JOHN 14:14.



H U

HUMILITY

ELIZABETH LANDEWEER



Humility is like that drop of dew
That hides beneath some lowly stem,
Unseen, until the sun strikes through,
And turns it into a great gem
That flashes forth a blinding glow.
Humility is hard to win,
It is the purest thing we know,
And, searching for it, I have been
Aware of its clear silhouette,
Its lovely shadow here and there,
And though I have not found it yet
In my long pilgrimage of prayer,
Still, God to guide unerringly,
And faith to point me to the art,
I know the quest will end for me
Around some corner of my heart,
And I shall kneel in childlike awe,
In new light shining from above,
No trumpet sounding its hurrah,
But lit by a serener love.

Monday

JUNE 12

I GO TO MEET MY GOOD.

WE MEET good wherever we go, whatever we do when we carry with us an expectation of good. We meet good when we carry with us the realization that God is everywhere, that we cannot go where God is not.

If some change is impending in our life and we are not sure to what extent it will affect us, if we are not sure how much of an adjustment we shall be called on to make, before we do anything else let us establish ourselves in a right thought and attitude by affirming that we go to meet our good. We do not need to prepare the way ahead of us, for God has already done this; already our good awaits us, of this we may be sure. Our need is to prepare our mind, to work with our attitudes and thoughts, so that we go forward into any new experience with an open mind and heart, with a sense of joy, and with an expectation of good.

Let us give thanks every day that God has prepared good things for us, that there is much of joy for us in the twenty-four hours ahead. Let us give thanks that we go to meet our good.

♣ *The good man out of the good treasure of his heart bringeth forth that which is good.*—LUKE 6:45.

JUNE 13

Tuesday

I KEEP MY THOUGHTS CENTERED IN GOD. MY MIND IS CLEAR AND MY THOUGHTS ARE CONSTRUCTIVE.

I CONCENTRATE on keeping my thoughts centered in God. I do not allow myself to think, feel, or do that which is not good. I do not let the thoughts, feelings, or actions of others turn me from my goal.

I devote myself to expressing God's good will for me. God's good will for me is peace of mind. When my mind is filled with good thoughts, I am able to meet the unexpected events of the day with poise. I am able to think clearly. God's will for me is perfect health and strength. When I keep my feelings free from emotional upsets, by expecting only good to come to me and my dear ones, I find that I am able to stay strong and healthy. God's will for me is order and harmony in my affairs. When I move through the day in an orderly way, doing one thing at a time, my work is accomplished harmoniously.

I keep my thoughts centered in God. My mind is clear, and my thoughts are constructive.

♣ *Thou wilt keep him in perfect peace, whose mind is stayed on thee.—ISA. 26:3.*

Wednesday

JUNE 14

GOD GIVES ME THE GIFT OF WHOLENESS.

THIS STATEMENT will prove helpful and inspiring, whatever our present condition may be. If we are enjoying perfect health, the statement will become a veritable song of thanksgiving. If we are seeking healing, it will open the way for the blessing we need.

It is always well for us to remember that healing means more than getting rid of some painful or undesirable condition. True healing means entering into the experience of wholeness. Feelings of inharmony or depletion give place to the realization that we are complete, well, and whole. And this realization includes physical, mental, and emotional wholeness. Let us use our statement to help us to be open and receptive to this wondrous gift of God, for God is ever willing to give if we are willing to receive.

If our desire is to help others, we can affirm: "God gives you the gift of wholeness." This statement carries with it a real blessing. Those for whom we pray respond and enter into a realization that they too are complete and well and God has given them the gift of wholeness.

♣ *Wouldest thou be made whole?*—JOHN 5:6.

JUNE 15

Thursday

GOD HAS GIVEN ME THE POWER TO SUCCEED.

GOD HAS given me the power to succeed. Through right thinking I create conditions that lead to complete happiness and success.

I am unfettered and unbound. I fill my mind with faith, courage, and forward-looking thoughts. Nothing can keep my good from me. I realize my freedom as a child of God and I hold no limiting thoughts about myself.

I do not seek power, prestige, and position at the expense of other persons. Rather I think thoughts of love and I apply this love in my dealings with others. Through love I am helped toward my cherished goal, and the persons whose lives touch mine are also blessed with good.

I am a child of God, unlimited and free. I put my energy into thinking positive thoughts. God helps me to do the things I should do in the way I should do them, and at the time I should do them. He reveals clearly and unmistakably the path to my highest good.

✦ *In nothing be anxious; but in everything by prayer . . . let your requests be made known unto God.*—PHIL. 4:6.

Friday

JUNE 16

I KNOW GOD, AND I AM AT PEACE.

DEAR Father, knowing You to be the light of my world, I am certain there will be no shadow upon my path. You make plain my way. You direct my steps. You counsel me. You lead me. You radiate through me.

Knowing You to be the life of my body, I am certain there will be no inharmony or imperfection in any part, in any function, in any organ, in any faculty. You renew my mind and my body. You restore my vigor. You direct me in the care of my body. You express through me as life.

Knowing You to be the substance to provide for my every need, I am certain there will be no lack of any good in my affairs. You quicken my mind with rich ideas. You bless me with an enthusiastic spirit. You inspire me to give of my talents and abilities wisely and well. You fulfill Yourself through me as that which is needed to enrich and to satisfy.

Dear Father, knowing You gives purpose to my being. Knowing You brings peace to my spirit, mind, and body.

✦ *Acquaint now thyself with him, and be at peace.*
—JOB. 22:21.

JUNE 17

Saturday

THE JOY OF THE LORD IS MY STRENGTH. THE
LIGHT OF THE LORD IS MY LIFE.

“**A**RISE, SHINE; for thy light is come, and the glory of Jehovah is risen upon thee. For, behold, darkness shall cover the earth, and gross darkness the peoples; but Jehovah will arise upon thee, and his glory shall be seen upon thee.”

God in us is saying to us, “Arise, shine; for thy light is come.” We are not meant to stay in darkness, sadness, or grief; we are meant for joy and newness of life. Even when changes come in our relationships, even when life seems bereft of joy, the light is shining in us; joy is waiting to bubble up, to spring forth. For always, God’s joy is a wellspring within us, unquenchable, springing up in us to renew us, to heal our heart and life. And always God’s light is shining in our heart, “*the light* which lighteth every man, coming into the world.” Light and joy are essential to our being. But we do not need to seek light and joy outside ourselves, for they are God’s own gift to us, eternally within us.

✦ *Nations shall come to thy light, and kings to the brightness of thy rising.*—ISA. 60:3.

Sunday

JUNE 18

I AM AWARE OF GOD AS LOVE. THIS AWARENESS HELPS ME TO GIVE LOVE, RECEIVE LOVE, AND APPRECIATE LOVE.

OUR AWARENESS of God as love inspires us to acknowledge love and to express appreciation. Many times we accept the persons closest to us, the members of our family, as such a natural, normal part of our world that we fail to remember that they rejoice in our expressed approval and appreciation.

So, when a special day is set aside to remember a loved one—as today is designated as Father's Day in the United States—we are happy to lend our thought of appreciation to the appreciative thoughts of others.

Wherever possible let us give expression to our love for this special member of our family, our father. Let us speak our love. Let us write our love. Let us act from the love we feel. Where it is not possible to do these things, let our awareness of the love we have shared, God's love, make us ever more receptive to love, ever more able to give love. Then we will be making the most of the opportunity this day provides.

♣ *Honor thy father.*—EPH. 6:2.

JUNE 19

Monday

I GO FORWARD WITH JOY AND HAPPINESS
EXPERIENCING GOD'S RICHEST BLESSINGS.

THIS DAY is not the same as yesterday. Each day unfolds in its own original pattern. I go forward with joy knowing that God has blessed this day to be a special day for me and for all His children.

God is blessing the people I meet today. His presence works in and through them, just as He works in and through me, to bring into expression more joy, more love, more wisdom, and more understanding.

My work has God's special blessing as I remember that the Christ intelligence within me guides and inspires me. I accomplish more in a happy frame of mind. My tasks are performed in a loving, orderly manner. I am confident as I use my abilities and I see infinite new possibilities to be of service. Satisfaction and peace fill my mind and heart.

I gladly share God's special blessings with other persons. I share His love by being loving, I share His joy by being joyous, and I share His peace by being peaceful.

♣ *Eat thy bread with joy.*—ECCLES. 9:7.

Tuesday

JUNE 20

GOD INSPIRES ME TO MAKE RIGHT DECISIONS
EASILY AND HAPPILY.

SOMETIMES we find ourselves putting off decisions because we are afraid that we are not wise enough to make the right ones. Or we think that someone else will make decisions for us and relieve us of the responsibility.

It is helpful to remember these words when we are in an indecisive state of mind: "God hath not given us the spirit of fear; but of power, and of love, and of a sound mind." To say these words gives us a new picture of ourselves, a picture of ourselves as strong and courageous, fearless and wise. And this picture is a true picture. Of course, when there are decisions to be made, we should pray for light, we should pray for understanding, we should pray for wisdom, and then we should follow through on our prayers with action. We feel relieved and at peace within ourselves when we act decisively.

God is with us, working through us to bless all that concerns us so that we can meet the issues of life easily and happily and make wise decisions.

✦ *God hath not given us the spirit of fear.*—II TIM. 1:7 (A.V.).

JUNE 21

Wednesday

PRAISE THE LORD! I AM GLAD TO BE ALIVE.

I AM GLAD to be alive. Life is good. God's wonder and beauty are everywhere, and I behold evidence of God's love in everything that surrounds me. No matter which way I turn, I catch a comforting message from God, I feel the assurance of His blessed presence, I sense my oneness with all that is good.

The beautiful Spirit of God is reaching out to me through the fragrance of flowers, the kindness of friends, the countless joys of daily life. There are blessings in music, in sun-ripened fruit, in books to read, in the laughter of little children, and in soul-refreshing talks with dear ones. I am grateful when I consider even a few of these blessings that fill my days like manna from heaven.

I sing praises to God from morning until night for His wonderful goodness to the children of men. I am glad to know and to feel my oneness with the goodness of life. I am glad to sing praises to God.

Praise the Lord! I am glad to be alive.

✦ *Praise ye the Lord. Praise the Lord, O my soul.*
—PSALMS 146:1 (A.V.).

Thursday

JUNE 22

"I CLOTHE MYSELF SAFELY ROUND WITH INFINITE LOVE AND WISDOM."

LARA SCOTT used this idea for a hymn she wrote in 1896. Silent Unity, the prayer group of Unity School, sings this hymn many times as a part of their consecration or healing services. We sing it for ourselves; we sing it for those we would bless; we sing it for all people everywhere.

Perhaps you will want to join us in using this idea for yourself, for the members of your family, for your friends or acquaintances. Perhaps you will want to join us in using this idea for all children—so many of them will be on vacation from their schools these next few months.

This hymn is number sixty in *Unity Song Selections*. If you do not have access to this songbook, hum these words to any tune that you find suitable. If you are not a person given to singing, your prayerful affirming of these words will bring you a feeling of deep serenity. As you are consciously clothed safely round with infinite love and wisdom, you will be "clothed with power from on high."

♣ *Be clothed with power from on high.*—LUKE 24:49.

JUNE 23

Friday

GOD CAN BE TRUSTED TO ESTABLISH HIS
GOOD PURPOSES.

WHEN I DO not see how some situation is to be met, I say to myself: "God can be trusted." God can be trusted to establish His good purposes. God can be trusted to guide and to inspire. God can be trusted to reveal the ideas that are necessary. God can be trusted to bring forth right answers.

God can be trusted when it seems that there is injustice or unfairness. I do not place my faith in persons; I do not fear that the plans or devices of other persons can obstruct goodness and justice. I hold to the truth that God can be trusted, and God is in all persons and all situations.

If I am concerned about the welfare of someone dear, I know that God can be trusted. I know that my dear one is a child of God, that God loves him and moves through him to bless, to guide, to inspire. I know that God can be trusted, even when it seems there is nothing I can do to help. This is the greatest help that I can give, to know that God is with those I love.

✦ *Blessed is the man that trusteth in Jehovah.*—JER. 17:7.

Saturday

JUNE 24

I SEEK GOD AND FIND HIS TREASURE OF LIFE,
LOVE, PEACE, AND JOY.

“**W**HERE THY treasure is, there will thy heart be also.” As we give these words of our Lord our attention, they prompt us to look deep in our heart. For within our heart is the answer to our needs. Within our heart is the revelation of what our treasure really is and where it is to be found.

When we speak of treasure, we do not necessarily mean an abundance of material possessions, although it may include these things. Rather, our treasure is that which we believe to be of supreme value in our life. Our treasure is that which can cause us to feel cast down when we fail to find it. Our treasure is that which can gratify us and lift us up in enduring satisfaction.

The real, the true, the satisfying treasure we seek is an understanding of God. We gain this understanding as we give our heart to seeking Him. Then we make His treasure of life, love, peace, and joy our treasure.

✦ *Lay up for yourselves treasures in heaven . . . for where thy treasure is, there will thy heart be also.*
—MATT. 6:20, 21.

JUNE 25

Sunday

I TRUST GOD TO GUIDE ME IN EVERY SITUATION OF MY LIFE.

WHEN WE face important decisions, we are usually quite willing to acknowledge God. Standing close to big issues, we long for the security of His guidance. But when it comes to the hundreds of smaller decisions, those we consider necessary but unimportant, it is strange that we usually do not even think of asking for God's guidance!

And yet, it is the vast number of these small issues that make the great, general trend in our lives. What a splendid opportunity we have, therefore, to invite God's guiding Spirit to direct us!

Let our prayer be: "Today, I acknowledge God and trust Him to guide me in every situation. Whether I stand before an important decision or face some minor issue, I acknowledge God's guidance; I accept it, and I am blessed by it."

Let us no longer resist any challenge, but let us joyfully remember God's promise to direct us.

*In all thy ways acknowledge him,
And he will direct thy paths.*

—PROV. 3:6.

Monday

JUNE 26

UNDER GOD'S DIRECTION I SPEND MY TIME
WISELY.

WE ALL HAVE the same amount of time to use each day. Our use of time makes the difference in our life. We can let time slip idly through our fingers, we can dissipate time in boredom, or we can use time with a purpose.

We make the best use of our time by putting first things first. As we pray, God helps us to be orderly in planning our time. We learn not to waste time in idleness, uninteresting activities, or unproductive pursuits. When we plan our time under God's direction, we work without tension, anxiety, or fear. We savor and enjoy life, and we happily observe and appreciate the inner and outer beauty we experience. Time acquires a new value, and we are never too hurried to help other persons in need of a word of encouragement or a friendly gesture of approval.

When we spend time according to God's direction and in His service, we are flexible, purposeful, useful, and life is more enjoyable.

♣ *There is . . . a time for every purpose under heaven.*
—ECCLES. 3:1.

JUNE 27

Tuesday

UNWANTED HABITS NO LONGER BIND ME. I
AM FREE WITH THE FREEDOM OF SPIRIT.

PRAYER IS as a rod and a staff to strengthen and support you in your effort to be free with the freedom of Spirit. If there are habits that you know you would be happier without, pray for freedom. Pray to understand yourself. Pray to understand why you do the things you are doing, if this understanding of your actions is necessary to the establishment of freedom. Pray to know how to replace these unwanted habits with constructive action.

Do not condemn yourself. Do not look back wishfully; do not look forward to some distant and future date for the freedom you desire. Right now, right where you are, living the life you are living, you can be free.

Take your stand. Make your denial: "Unwanted habits no longer bind me." Make your affirmation: "I am free with the freedom of Spirit." Let prayer be your rod and staff as you step forth in faith and become free with the freedom of Spirit!

♣ *He that was called in the Lord . . . is the Lord's freedman.*—I COR. 7.22.

Wednesday

JUNE 28

I CAN DO ALL THINGS THROUGH CHRIST
WHO STRENGTHENS ME.

THERE MAY be times when, of ourselves, we feel unequal to the demands made on us. We wonder how we shall do all the things that need to be done. We feel low in energy and pressed for time. If we but realize it, there are reservoirs of strength and energy in us far greater than any demand made on us, for Christ in us is our strength, our power, our life.

All through this day let us remind ourselves that our "life is hid with Christ in God." Christ in us is the power to be and to do all things. Christ in us is our never-ending strength, our never-failing joy.

Moments of silent prayer, during our busy day, are refreshing and renewing. We may be busy doing the things that are before us, but inwardly we can be still. We can breathe a prayer of thanksgiving for the Christ in our midst. A continual sense of renewal and power is ours as we remember that in all things and through all things we are conquerors through Christ.

♣ *I can do all things in him that strengtheneth me.*
—PHIL. 4:13.

JUNE 29

Thursday

GOD IS LOVE.

THE PERSON who is constantly getting his feelings hurt, the person who believes that people are neglecting or slighting him, the person who feels that others are critical of him, is an unhappy person. He is uncomfortable and he makes other persons uncomfortable.

If we are a person who has such feelings and beliefs, how do we get over reacting in this way? How do we free ourselves from feeling slighted or neglected? How do we overcome assuming that other persons are critical of us?

We dwell on love! We dwell on the thought: "God is love." And we remember: "I am God's child. I am like Him. I am love." Then, too, we keep in mind: "All men are children of God. All men are like Him. All men are love."

Can love then feel unloving, unloved? No. Love knows no hurt, no neglect, no slight, no criticism. Love can only give of itself. Love can only attract love to itself. Love can only feel love. Love can only see love. Love can only act in a loving way.

✦ Put on love.—COL. 3:14.

Friday

JUNE 30

WITH CHRIST I GO FORWARD INTO A NEW
LIFE FILLED WITH HAPPINESS, SUCCESS, AND
SATISFYING GOOD.

WHEN we transplant a plant in our garden, we often notice that for a time it presents a withered appearance. Gradually, as the roots have again regained their strength, the plant grows and flourishes in its new place.

Like a transplanted plant, many persons need to give themselves time to adjust to change. If you are living in a new environment or if you have changed your way of living, give yourself time to send forth new, strong, deep roots.

Do not be discouraged if you have been resistant, rebellious, fearful, and unhappy. In the depths of your being the Christ is saying to you: "Fear not, resist not. I am with you."

Through the Christ in you, you can adapt to change. Wherever you go, whatever experience confronts you, you can be a strong, courageous, loving Christ-like person. You can send forth new, strong roots.

♣ *Therefore will we not fear, though the earth do change.*—PSALMS 46:2.

DIRECTORY OF UNITY BOOKS

(These books are \$2 each unless otherwise stated)

FOR BEGINNERS

A More Wonderful You
Be!
Beginning Again
Doctor Houston Speaking (*German only*)
Favorite Unity Radio Talks
God a Present Help
God Is the Answer (*English or Dutch*)
How I Used Truth (*English, German, Greek, Swedish*)
How to Let God Help You (*English, Greek, Spanish*)
Lessons in Truth (*English, Italian, French, German, Russian, Spanish, Dutch, Swedish, Greek, Japanese, Portuguese*)
Lovingly in the Hands of the Father (*English, German*)
Myrtle Fillmore's Healing Letters
New Ways to Solve Old Problems
Peace Begins at Home
Practical Christianity for You
Prove Me Now
The Great Physician (*English or Spanish*)
The Story of Unity
Special Methods for Attaining Spiritual Mastery
Things to Be Remembered
Unity's Seventy Years of Faith and Works (\$5)
Whatever Ye Shall Ask (*English or French*)

FOR HEALING

Christian Healing (*English or German*)
Divine Remedies (*English or French*)
Jesus Christ Heals
Truth Ideas of an M.D. (*English, German, Italian*)
You Can Be Healed (*English or Swedish*)

FOR THE HOME

Unity Vegetarian Cookbook
You and Your Child

FOR PROSPERITY

Both Riches and Honor (*English or French*)

Prayer in the Market Place
Prosperity (*English or Italian*)
Prosperity's Ten Commandments (*English or French*)
Working with God (*English or German*)

FOR INSPIRATION

Best-Loved Unity Poems
Be of Good Courage
God Never Fails
How to Claim Your Good
Mightier than Circumstance
Prayer Changes Things
The Household of Faith, *English* (\$5), *German* (\$2)
The Sunlit Way

FOR DEVOTION

Bible, American Standard Edition (\$7.25)
Keep a True Lent
Effectual Prayer

FOR ADVANCED STUDY

Atom-Smashing Power of Mind
Christ Enthroned in Man
Have We Lived Before?
Know Thyself
Let There Be Light (\$3)
Metaphysical Bible Dictionary (\$5)
Mysteries of Genesis (\$3)
Mysteries of John
The Revealing Word (\$3)
Selected Studies
Talks on Truth
Teach Us to Pray (*English or French*)
The Twelve Powers of Man
What Are You?
Your Hope of Glory (\$3)

FOR CHILDREN

Adventures of the Seven Spartans
Barky's New Home
Barky and His Friends
Jet's Adventures
Jet and the New Country
Jet's Choice
The Story of Jesus
Teach Me to Pray
Thank You, God

Give a Gift to Your Life *Attend a Unity Retreat*

Relaxation—spiritual renewal—social fellowship—all are part of the plan for Unity Retreats. Men and women come to the Retreats to hear inspiring talks on the use of Truth in daily living, for more success and happiness; to join in refreshing times of meditation and prayer; to find rest for mind and body in peaceful surroundings; to join in pleasant activities with other Truth students. Why not attend one of these Unity Retreats in 1961?

Vacation and Young Adults' Retreat

July 15 to 22

First September Retreat September 2 to 9

Second September Retreat September 9 to 16

Third September Retreat September 16 to 23

Men's Retreat October 1 to 6

Fall Retreat October 14 to 21

Harvest Retreat October 28 to November 4

Christmas Retreat December 21 to 26

For more information, or to make reservations to attend one of these Retreats, write to: Director, Unity Retreats, Unity School of Christianity, Lee's Summit, Missouri.

PROGRESS FOR JUNE GRADUATES

June is graduation month, and a gift any boy or girl graduate will welcome is *Progress* magazine, the magazine youth turns to.

One teen-ager writes to *Progress*: "I cannot thank you enough for your wonderful magazine. I have been reading it for some time, and have never met any literature so inspiring and so understanding of the problems of young people. *Progress* is a great help to me, and I only wish more young people could discover it!"

From junior high right on through high school and college, teen-agers and young adults alike find *Progress* a faithful friend. It comes each month with inspiring Truth messages, articles of practical advice on the problems confronting young people, and fast-moving stories in which such problems are dramatized. The June number, for example, includes "How Do You Ask for a Job?" by Faith A. Logan, and "After Graduation—What?" by Kay Sweaney.

Modern, digest-sized, with a wealth of stimulating special features, *Progress* is priced at \$2 for a year's subscription. Order it for the graduate you know today!



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

MY MONEY GOES FURTHER.
MY HEALTH IS BETTER.
IT'S WONDERFUL TO BE ALIVE!

This is the triple blessing one friend finds in the Prosperity Bank plan. She also writes: "I always have plenty to pay all the bills, to pay my tithe, and some left over all through the month."

The Prosperity Bank plan is a way of sharing **DAILY WORD** with others as you increase your own faith through a daily exercise in prayer and the power of blessing. Silent Unity prays with you throughout the drill. Mail the coupon below for your Bank and complete instructions today.

Unity School of Christianity, Lee's Summit, Mo.

====(Please PRINT all Names and Addresses)=====

Here is my order for **DAILY WORD** gift subscriptions and a Bank in which to save the \$—— cost of these subscriptions (\$2 each subscription).

1. Name

Street ☐ NEW
☐ RENEW

City State

2. Name

Street ☐ NEW
☐ RENEW

City State

SENDER'S NAME

Street

City State

Please indicate postal zone number, if cities are so divided. D-6-61

FINEST FOR FATHER'S DAY



No matter how far you look or how much you spend, you cannot give a more worthwhile and welcome Father's Day gift than *Good Business*. This monthly magazine will help any man to do his work better and more easily and to get more satisfaction and success out of life—besides giving him fascinating hours of reading enjoyment.

Dad Will Enjoy the Story of The Smallest Electric Motor Ever Made

Good Business presents articles, true stories, and features showing how to apply Christian principles in daily living. The June number, for example, includes the story of the smallest electric motor ever made—only 1/64th of an inch square! The story shows how taking pains with our work pays off, and the article is called "The Pleasures of Taking Pains," by Justin Case.

Good Business is a gift that will bring enjoyment and practical help throughout the years, and a full year's subscription is priced at only \$2. Order today, and ask that the subscription begin with the June number.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Source

R. H. GRENVILLE

Wild flowers appear among the grass,
A joyous, multicolored throng.
A thousand singing brooks awake
To fill the meadows with their song.
I did not see the flowers born,
Nor trace the water's silver course,
But know that seed and watershed
Are part of one eternal Source.
I, too, who breathe and walk about
Amid the wonders of the spring,
And love them with a grateful heart,
Am no uncertain, chancy thing,
But issue like a river from
The single fountainhead of Power,
And am as firmly held by roots
Of Love, as any trusting flower.

